

PAPPADELLE'S DRIED FLAT-CUT PASTA - NUTRITIONAL FACTS

*Percent Daily Values (DV)

Serving Size: 2 oz (57g)

are based on a 2000 calorie diet

Servings Per Container: Varies (8 per pound)

Amount Per Serving

PRODUCT	Calories	Fat	Total Fat	Total Fat	Sat Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Sodium	Total Carb	Total Carb	Fiber	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron	
		Cal	Fat	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*
Basil Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	75mg	3%	32g	11%	2g	8%	0g	6g	20%	0%	2%	10%
Basil Tangerine	160	5	0.5g	1%	0g	0%	0g	0mg	0%	85mg	4%	32g	11%	2g	8%	0g	6g	35%	4%	2%	10%
Chipotle Black Bean	160	5	1g	1%	0g	0%	0g	0mg	0%	150mg	6%	28g	9%	2g	7%	1g	8g	0%	0%	2%	4%
Chipotle Pepper	160	0	0.5g	1%	0g	0%	0g	0mg	0%	115mg	5%	31g	10%	2g	7%	0g	6g	15%	0%	0%	10%
Cracked Pepper	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	2%	10%
Dark Chocolate	170	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	33g	11%	2g	7%	6g	8g	0%	0%	0%	15%
Four Peppercorn	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Garden Spinach	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	80%	0%	2%	15%
Garlic Chive	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	7%	0g	6g	0%	2%	2%	10%
Garlic Parsley	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	7%	0g	6g	0%	0%	2%	15%
Garlic Toasted Onion	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	35g	12%	2g	7%	0g	6g	0%	0%	0%	10%
Goan Curry	160	10	1.5g	2%	0g	0%	0g	0mg	0%	75mg	3%	32g	11%	2g	8%	0g	6g	0%	0%	2%	10%
Green Jalapeno	160	0	0.5g	1%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	8%	0g	6g	45%	0%	2%	10%
Lavender	150	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	31g	10%	1g	5%	0g	6g	0%	0%	2%	2%
Lemon Basil	160	0	0g	0%	0g	0%	0g	0mg	0%	110mg	5%	31g	10%	2g	8%	0g	6g	0%	6%	2%	10%
Lemon Chive	160	0	0g	0%	0g	0%	0g	0mg	0%	100mg	4%	31g	10%	2g	7%	0g	6g	0%	6%	2%	10%
Lemon Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	105mg	4%	32g	11%	2g	7%	0g	6g	0%	4%	2%	10%
Lemon Ginger	170	15	1.5g	2%	0g	0%	0g	0mg	0%	130mg	6%	33g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Lemon Pepper	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	1%	32g	11%	2g	7%	0g	6g	0%	4%	2%	10%
Lime Cilantro	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	7%	0g	6g	40%	2%	2%	10%
Mild Spice Red Pepper	160	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	2g	9%	1g	7g	10%	45%	2%	10%
Orange Szechuan	160	15	1.5g	2%	0g	0%	0g	0mg	0%	80mg	3%	31g	10%	2g	8%	0g	6g	25%	4%	2%	10%
Plain	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Porcini Mushroom	160	0	0.5	1%	0g	0%	0g	0mg	0%	45mg	2%	31g	10%	2g	7%	0g	6g	0%	0%	0%	10%
Red Jalapeno	160	0	0.5	1%	0g	0%	0g	0mg	0%	10mg	0%	31g	10%	2g	7%	0g	6g	2%	0%	0%	10%
Roasted Garlic	160	0	0	0%	0g	0%	0g	0mg	0%	95mg	4%	33g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Roasted Garlic Herb	160	0	0.5	1%	0g	0%	0g	0mg	0%	15mg	1%	31g	10%	2g	9%	0g	7g	2%	2%	4%	15%
Rosemary Garlic	160	0	0.5g	1%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	8%	0g	6g	50%	0%	2%	10%

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PRODUCT	C a l o r i e s	F a t	T o t a l F a t	T o t a l F a t *	S a t F a t	S a t F a t *	T r a n s F a t	C h o l e s t	C h o l e s t D V *	S o d i u m	S o d i u m D V *	T o t a l C a r b	T o t a l C a r b D V *	F i b e r	F i b e r D V *	S u g a r s	P r o t e i n	V i t a m i n A	V i t a m i n C	C a l c i u m	I r o n
Santa Fe Corn Maize	150	5	0.5g	1%	0g	0%	0g	0mg	0%	110mg	5%	30g	10%	2g	6%	0g	7g	0%	0%	2%	2%
Spanish Saffron	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Spicy Thai	160	10	1g	2%	0g	0%	0g	0mg	0%	110mg	5%	31g	10%	2g	7%	0g	7g	0%	2%	2%	10%
Spinach Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	70%	0%	2%	10%
Spinach Lemon Herb	160	0	0.5g	1%	0g	0%	0g	0mg	0%	125mg	5%	31g	10%	2g	7%	0g	7g	60%	6%	2%	15%
Summer Herb	160	0	0.5g	1%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	9%	0g	6g	2%	2%	4%	15%
Sun-Dried Tomato	160	5	0.5g	1%	0g	0%	0g	0mg	0%	50mg	2%	32g	11%	2g	8%	1g	7g	35%	2%	2%	10%
Sweet Basil	160	0	0g	0%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	8%	0g	7g	25%	0%	4%	15%
Sweet Potato	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	33g	11%	2g	8%	1g	6g	8%	4%	2%	10%
Sweet Red Onion	170	0	0g	0%	0g	0%	0g	0mg	0%	170mg	7%	35g	12%	2g	8%	0g	7g	0%	0%	2%	10%
Toasted Onion	160	0	0g	0%	0g	0%	0g	0mg	0%	100mg	4%	35g	12%	2g	7%	0g	6g	0%	0%	0%	10%
Tomato Basil	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	9%	1g	7g	4%	4%	2%	15%
Tomato Cracked Pepper	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	9%	1g	7g	4%	4%	2%	10%
Tunisian Harissa	180	5	0.5g	1%	0g	0%	0g	0mg	0%	125mg	5%	36g	12%	2g	10%	1g	8g	4%	4%	2%	15%
Venetian Calamari	160	0	0g	0%	0g	0%	0g	0mg	0%	0mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Veracruz Blackbean	160	5	1g	1%	0g	0%	0g	0mg	0%	140mg	6%	28g	9%	2g	7%	1g	8g	0%	0%	2%	10%
Whole Wheat Garlic	160	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	3g	12%	0g	7g	0%	0%	2%	10%
Whole Wheat Herb	160	5	0.5g	1%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	3g	11%	0g	7g	0%	2%	2%	15%
Whole Wht Lemon Chive	160	5	0.5g	1%	0g	0%	0g	0mg	0%	135mg	6%	31g	10%	3g	12%	0g	7g	0%	2%	6%	10%
Whole Wht Tstd Onion	160	5	0.5g	1%	0g	0%	0g	0mg	0%	120mg	5%	35g	12%	3g	12%	0g	7g	0%	0%	2%	10%
Yellow Bell Pepper	160	0	0	0%	0g	0%	0g	0mg	0%	160mg	7%	32g	11%	2g	7%	0g	7g	0%	0%	0%	10%