

**PAPPARDELLE'S DRIED FLAT-CUT PASTA - NUTRITIONAL FACTS**

\*Percent Daily Values (DV)

Serving Size: 2 oz (57g)

are based on a 2000 calorie diet

Servings Per Container: Varies (8 per pound)

**Amount Per Serving**

PRODUCT	Calories	Fat	Total Fat	Total Fat	Sat Fat	Sat Fat	Trans Fat	Cholest	Cholest	Sodium	Sodium	Total Carb	Total Carb	Fiber	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
		Cal	Fat	DV*	Fat	DV*	Fat	DV*	DV*	mg	DV*	g	DV*	g	DV*	g	g	DV*	DV*	DV*	DV*
Basil Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	75mg	3%	32g	11%	2g	8%	0g	6g	20%	0%	2%	10%
Basil Tangerine	160	5	0.5g	1%	0g	0%	0g	0mg	0%	85mg	4%	32g	11%	2g	8%	0g	6g	35%	4%	2%	10%
Chipotle Black Bean	160	5	1g	1%	0g	0%	0g	0mg	0%	150mg	6%	28g	9%	2g	7%	1g	8g	0%	0%	2%	4%
Chipotle Pepper	160	0	0.5g	1%	0g	0%	0g	0mg	0%	115mg	5%	31g	10%	2g	7%	0g	6g	15%	0%	0%	10%
Cracked Pepper	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	2%	10%
Dark Chocolate	170	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	33g	11%	2g	7%	6g	8g	0%	0%	0%	15%
Four Peppercorn	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Garden Spinach	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	80%	0%	2%	15%
Garlic Chive	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	7%	0g	6g	0%	2%	2%	10%
Garlic Parsley	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	7%	0g	6g	0%	0%	2%	15%
Garlic Toasted Onion	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	35g	12%	2g	7%	0g	6g	0%	0%	0%	10%
Goan Curry	160	10	1.5g	2%	0g	0%	0g	0mg	0%	75mg	3%	32g	11%	2g	8%	0g	6g	0%	0%	2%	10%
Green Jalapeno	160	0	0.5g	1%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	8%	0g	6g	45%	0%	2%	10%
Lemon Basil	160	0	0g	0%	0g	0%	0g	0mg	0%	110mg	5%	31g	10%	2g	8%	0g	6g	0%	6%	2%	10%
Lemon Chive	160	0	0g	0%	0g	0%	0g	0mg	0%	100mg	4%	31g	10%	2g	7%	0g	6g	0%	6%	2%	10%
Lemon Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	105mg	4%	32g	11%	2g	7%	0g	6g	0%	4%	2%	10%
Lemon Ginger	170	15	1.5g	2%	0g	0%	0g	0mg	0%	130mg	6%	33g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Lemon Pepper	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	1%	32g	11%	2g	7%	0g	6g	0%	4%	2%	10%
Lime Cilantro	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	7%	0g	6g	40%	2%	2%	10%
Mild Spice Red Pepper	160	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	2g	9%	1g	7g	10%	45%	2%	10%
Orange Szechuan	160	15	1.5g	2%	0g	0%	0g	0mg	0%	80mg	3%	31g	10%	2g	8%	0g	6g	25%	4%	2%	10%
Plain	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Porcini Mushroom	160	0	0.5	1%	0g	0%	0g	0mg	0%	45mg	2%	31g	10%	2g	7%	0g	6g	0%	0%	0%	10%
Red Jalapeno	160	0	0.5	1%	0g	0%	0g	0mg	0%	10mg	0%	31g	10%	2g	7%	0g	6g	2%	0%	0%	10%
Roasted Garlic	160	0	0	0%	0g	0%	0g	0mg	0%	95mg	4%	33g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Roasted Garlic Herb	160	0	0.5	1%	0g	0%	0g	0mg	0%	15mg	1%	31g	10%	2g	9%	0g	7g	2%	2%	4%	15%
Rosemary Garlic	160	0	0.5g	1%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	8%	0g	6g	50%	0%	2%	10%

**PAPPARDELLE'S DRIED FLAT-CUT PASTA - NUTRITIONAL FACTS**

\*Percent Daily Values (DV)

Serving Size: 2 oz (57g)

are based on a 2000 calorie diet

Servings Per Container: Varies (8 per pound)

**Amount Per Serving**

PRODUCT	Calories	Fat	Total Fat	Total Fat	Sat Fat	Sat Fat	Trans Fat	Cholest	Cholest	Sodium	Sodium	Total Carb	Total Carb	Fiber	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
		Cal	Fat	DV*	Fat	DV*	Fat	DV*	DV*	mg	DV*	g	DV*	g	DV*	g	g	DV*	DV*	DV*	DV*
Spanish Saffron	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Spicy Thai	160	10	1g	2%	0g	0%	0g	0mg	0%	110mg	5%	31g	10%	2g	7%	0g	7g	0%	2%	2%	10%
Spinach Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	70%	0%	2%	10%
Spinach Lemon Herb	160	0	0.5g	1%	0g	0%	0g	0mg	0%	125mg	5%	31g	10%	2g	7%	0g	7g	60%	6%	2%	15%
Summer Herb	160	0	0.5g	1%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	9%	0g	6g	2%	2%	4%	15%
Sun-Dried Tomato	160	5	0.5g	1%	0g	0%	0g	0mg	0%	50mg	2%	32g	11%	2g	8%	1g	7g	35%	2%	2%	10%
Sweet Basil	160	0	0g	0%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	8%	0g	7g	25%	0%	4%	15%
Sweet Potato	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	33g	11%	2g	8%	1g	6g	8%	4%	2%	10%
Sweet Red Onion	170	0	0g	0%	0g	0%	0g	0mg	0%	170mg	7%	35g	12%	2g	8%	0g	7g	0%	0%	2%	10%
Toasted Onion	160	0	0g	0%	0g	0%	0g	0mg	0%	100mg	4%	35g	12%	2g	7%	0g	6g	0%	0%	0%	10%
Tomato Basil	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	9%	1g	7g	4%	4%	2%	15%
Tomato Cracked Pepper	160	0	0.5g	1%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	9%	1g	7g	4%	4%	2%	10%
Tunisian Harissa	180	5	0.5g	1%	0g	0%	0g	0mg	0%	125mg	5%	36g	12%	2g	10%	1g	8g	4%	4%	2%	15%
Venetian Calamari	160	0	0g	0%	0g	0%	0g	0mg	0%	0mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Veracruz Blackbean	160	5	1g	1%	0g	0%	0g	0mg	0%	140mg	6%	28g	9%	2g	7%	1g	8g	0%	0%	2%	10%
Whole Wheat Garlic	160	5	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	3g	12%	0g	7g	0%	0%	2%	10%
Whole Wheat Herb	160	5	0.5g	1%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	3g	11%	0g	7g	0%	2%	2%	15%
Whole Wht Lemon Chive	160	5	0.5g	1%	0g	0%	0g	0mg	0%	135mg	6%	31g	10%	3g	12%	0g	7g	0%	2%	6%	10%
Whole Wht Tstd Onion	160	5	0.5g	1%	0g	0%	0g	0mg	0%	120mg	5%	35g	12%	3g	12%	0g	7g	0%	0%	2%	10%
Yellow Bell Pepper	160	0	0	0%	0g	0%	0g	0mg	0%	160mg	7%	32g	11%	2g	7%	0g	7g	0%	0%	0%	10%

**PAPPADELLE'S DRIED PASTA BLENDS & ORZO - NUTRITIONAL FACTS**

\*Percent Daily Values (DV) are based on a 2000 calorie diet

Serving Size: 2 oz (57g)  
 Servings Per Container: Varies (8 per pound)

**Amount Per Serving**

PRODUCT	C a l o r i e s	F a t C a l	T o t a l F a t	T o t F a t D V *	S a t F a t	S a t F a t D V *	T r a n s F a t	C h o l e s t	C h o l e s t D V *	S o d i u m	S o d i u m D V *	T o t a l C a r b	T o t C a r b D V *	F i b e r	F i b e r D V *	S u g a r	P r o t e i n	V i t a m i n A	V i t a m i n C	C a l c i u m	I r o n
																		D V *	D V *	D V *	D V *
Basil Garlic Penne	160	0	0.5g	1%	0g	0%	0g	0mg	0%	85mg	3%	35g	12%	2g	8%	0g	7g	25%	0%	2%	15%
Bavarian Herb Rye	150	5	0.5g	1%	0g	0%	0g	0mg	0%	200mg	8%	30g	10%	3g	11%	0g	6g	2%	4%	2%	10%
Calypso Blend	170	5	0.5g	1%	0g	0%	0g	0mg	0%	105mg	4%	32g	11%	2g	8%	1g	7g	20%	2%	2%	10%
Chocolate	160	10	1g	2%	0g	0%	0g	0mg	0%	140mg	6%	30g	10%	3g	11%	0g	9g	0%	0%	2%	10%
Chocolate & Orange	170	5	1g	1%	0g	0%	0g	0mg	0%	120mg	5%	32g	11%	2g	9%	0g	8g	20%	2%	2%	10%
Chocolate & Raspberry	150	5	0.5g	1%	0g	0%	0g	0mg	0%	95mg	4%	28g	10%	2g	8%	0g	7g	0%	8%	2%	4%
Extreme Habanero	170	10	1g	2%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	8%	0g	6g	90%	0%	2%	4%
Fanciful Fruit Blend	160	0	0.5g	1%	0g	0%	0g	0mg	0%	85mg	4%	32g	11%	2g	7%	0g	7g	20%	2%	2%	10%
Garlic Chive Sea Shell	160	0	0g	0%	0g	0%	0g	0mg	0%	95mg	4%	32g	11%	2g	7%	0g	6g	0%	2%	2%	10%
Gourmet Five Blend	160	0	0.5g	1%	0g	0%	0g	0mg	0%	25mg	1%	32g	11%	2g	8%	0g	6g	15%	20%	2%	10%
Italian Pesto Blend	160	0	0.5g	1%	0g	0%	0g	0mg	0%	55mg	2%	32g	11%	2g	8%	0g	6g	8%	2%	2%	15%
Lemon Parsley Maf	160	0	0g	0%	0g	0%	0g	0mg	0%	20mg	1%	32g	11%	2g	7%	0g	7g	0%	6%	2%	15%
Pacific Rim Blend	160	5	1g	1%	0g	0%	0g	0mg	0%	115mg	5%	31g	10%	2g	8%	0g	6g	15%	2%	2%	10%
Southwestern Blend	160	5	0.5g	1%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	8%	0g	7g	15%	0%	2%	10%
Tomato Basil Penne	160	0	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	2g	9%	1g	7g	4%	4%	2%	10%
Tri-Colore Wheels	160	0	0.5g	1%	0g	0%	0g	0mg	0%	100mg	4%	32g	11%	2g	8%	0g	7g	20%	2%	2%	10%
Trumpet Herb Blend	170	0	0.5g	1%	0g	0%	0g	0mg	0%	90mg	4%	33g	11%	2g	8%	0g	7g	15%	0%	2%	10%
Whole Wheat Mafaldine	150	5	0.5g	1%	0g	0%	0g	0mg	0%	0mg	0%	29g	10%	5g	21%	0g	7g	0%	0%	0%	35%
WW Chipotle Lime Mafa	160	5	1g	1%	0g	0%	0g	0mg	0%	100mg	4%	31g	10%	1g	4%	0g	6g	15%	0%	2%	6%
Asian Orzo	160	10	1g	2%	0g	0%	0g	0mg	0%	120mg	5%	31g	10%	2g	7%	0g	7g	10%	2%	2%	10%
Autumn Harvest Orzo	160	5	0.5g	1%	0g	0%	0g	0mg	0%	110mg	5%	31g	10%	2g	8%	0g	7g	15%	0%	2%	10%
Cubano Orzo	160	5	0.5g	1%	0g	0%	0g	0mg	0%	85mg	4%	31g	10%	2g	8%	0g	6g	180%	10%	4%	8%
Lemon Garlic Orzo	160	0	0g	0%	0g	0%	0g	0mg	0%	120mg	5%	32g	11%	2g	7%	0g	7g	0%	4%	2%	10%
Rainbow Orzo	160	0	0.5g	1%	0g	0%	0g	0mg	0%	35mg	1%	32g	11%	2g	8%	0g	6g	40%	25%	2%	10%
Southwest Orzo	160	5	1g	1%	0g	0%	0g	0mg	0%	95mg	4%	31g	10%	2g	7%	0g	7g	2%	0%	2%	10%
Spicy Red Hot Thai Curry	160	15	1.5g	2%	0g	0%	0g	0mg	0%	170mg	7%	31g	10%	2g	7%	0g	7g	90%	0%	0%	10%
Spring Medley Orzo	160	0	0.5g	1%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	8%	0g	6g	20%	4%	2%	15%
Supreme Orzo	160	5	0.5g	1%	0g	0%	0g	0mg	0%	40mg	2%	32g	11%	2g	8%	0g	6g	15%	25%	0%	10%
Sweet Potato Orzo	170	0	0.5g	1%	0g	0%	0g	0mg	0%	140mg	6%	33g	11%	2g	8%	1g	7g	25%	4%	2%	10%
Tuxedo Orzo	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Whole Wheat Orzo	150	5	0.5g	1%	0g	0%	0g	0mg	0%	0mg	0%	29g	10%	5g	21%	0g	7g	0%	0%	0%	35%

**PAPPADELLE'S DRIED LASAGNA NOODLES & NUTRITIONAL PASTA - NUTRITIONAL FACTS**

\*Percent Daily Values (DV) are based on a 2000 calorie diet

Serving Size: 2 oz (57g)  
 Servings Per Container: Varies (8 per pound)

**Amount Per Serving**

PRODUCT	Calories	Fat	Total Fat	Total Fat	Sat Fat	Sat Fat	Trans Fat	Cholest	Cholest	Sodium	Sodium	Total Carb	Total Carb	Fiber	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	Cal	Cal	Fat	DV*	Fat	DV*	Fat	Fat	DV*	DV*	DV*	Carb	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*	DV*
<b>LASAGNA NOODLES</b>																					
Peppercorn Trio	160	0	0g	0%	0g	0%	0g	0mg	0%	10mg	0%	32g	11%	2g	7%	0g	6g	0%	0%	0%	10%
Roasted Red Pepper	170	5	0.5g	1%	0g	0%	0g	0mg	0%	35mg	1%	33g	11%	3g	10%	1g	7g	40%	60%	2%	10%
Spinach Garlic	160	0	0g	0%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	2g	7%	0g	6g	70%	0%	2%	10%
<b>NUTRITIONAL PASTA</b>																					
Basil Spelt	130	5	0.5g	1%	0g	0%	0g	0mg	0%	25mg	1%	31g	10%	7g	26%	0g	6g	25%	0%	2%	10%
Five Grain	160	10	1g	2%	0g	0%	0g	0mg	0%	15mg	1%	32g	11%	4g	14%	0g	6g	0%	0%	2%	15%
Gluten-Free	140	10	1g	2%	0g	0%	0g	0mg	0%	430mg	18%	16g	5%	3g	11%	1g	17g	0%	0%	2%	10%
Oat Flax	160	20	2.5g	3%	0g	0%	0g	0mg	0%	130mg	6%	28g	9%	3g	13%	0g	8g	0%	0%	2%	10%
Organic Whole Wht	150	10	1g	2%	0g	0%	0g	0mg	0%	15mg	1%	30g	10%	6g	22%	0g	7g	0%	0%	2%	8%
Pasta Luce	120	5	0.5g	1%	0g	0%	0g	0mg	0%	140mg	6%	15g	5%	8g	32%	0g	14g	0%	0%	4%	15%

PAPPARDELLE'S FRESH FROZEN RAVIOLI & TORTS - NUTRITIONAL FACTS																	*Percent Daily Values (DV) are based on a 2000 calorie diet					
Serving Size:		4 oz (113g)																Amount Per Serving				
Servings Per Container:		About 4 per pack																				
PRODUCT	Calories	Total Fat	Total Fat DV*	Sat Fat	Sat Fat DV*	Trans Fat	Cholesterol	Cholesterol DV*	Sodium	Sodium DV*	Total Carb	Total Carb DV*	Fiber	Fiber DV*	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron		
Apple Cranberry & Wint	330	110	13g	20%	6g	29%	0g	55mg	18%	200mg	8%	45g	15%	3g	11%	13g	10g	2%	2%	2%	15%	
Artichoke & Lemon	250	80	9g	14%	4.5g	24%	0g	65mg	22%	210mg	9%	30g	7%	2g	7%	0g	14g	6%	2%	20%	10%	
Asiago Cheese	270	90	10g	16%	6g	29%	0g	70mg	23%	300mg	12%	31g	10%	1g	2%	1g	15g	10%	4%	20%	10%	
Blackbean	220	50	6g	9%	2.5g	12%	0g	50mg	17%	250mg	11%	35g	12%	4g	17%	1g	11g	15%	4%	6%	15%	
Cave Agd Gorg & Rst Rd F	260	50	6g	9%	2g	9%	0g	40mg	13%	170mg	7%	45g	15%	2g	7%	2g	11g	40%	25%	8%	15%	
Chili Relleno	200	130	15g	23%	9g	43%	0g	40mg	14%	380mg	16%	9g	3%	1g	4%	3g	8g	70%	180%	20%	6%	
Chili Verde	260	100	11g	17%	6g	28%	0g	60mg	20%	370mg	15%	32g	11%	2g	7%	7g	12g	15%	120%	15%	15%	
Chocolate Hazelnut	440	190	21g	32%	6g	31%	0g	55mg	19%	160mg	7%	65g	18%	4g	14%	18g	11g	2%	0%	4%	15%	
Chopped Spinach	260	90	10g	15%	5g	27%	0g	65mg	21%	230mg	10%	31g	10%	1g	4%	0g	15g	10%	2%	20%	10%	
Garden Mint Pea	260	100	11g	17%	5g	27%	0g	60mg	21%	170mg	7%	31g	10%	2g	7%	0g	11g	6%	10%	10%	15%	
Gorgonzola & Walnut	300	100	12g	18%	5g	27%	0g	65mg	21%	350mg	15%	34g	11%	1g	3%	0g	16g	8%	0%	20%	10%	
Harvest Squash	250	90	10g	15%	4g	19%	0g	45mg	16%	230mg	10%	32g	11%	2g	9%	1g	10g	30%	10%	10%	15%	
Haystack Mtn Goat Chs	370	170	19g	29%	12g	59%	0g	90mg	29%	350mg	15%	31g	10%	0g	0%	2g	21g	20%	0%	35%	15%	
Italian Style Buffalo	220	45	5g	8%	2.5g	12%	0g	55mg	18%	170mg	7%	32g	11%	1g	4%	1g	15g	10%	10%	10%	15%	
Lobster	220	50	6g	9%	2g	10%	0g	50mg	17%	220mg	9%	27g	9%	1g	3%	1g	16g	10%	35%	4%	10%	
Mediterranean Spinach	240	80	9g	14%	5g	24%	0g	55mg	19%	310mg	13%	29g	10%	1g	5%	1g	13g	90%	10%	20%	15%	
Mountain Asparagus	240	80	9g	14%	5g	25%	0g	55mg	19%	340mg	14%	27g	9%	2g	8%	0g	13g	35%	10%	20%	10%	
Mushroom Tortelloni	320	70	8g	13%	4g	20%	0g	65mg	22%	270mg	11%	48g	16%	2g	7%	1g	15g	4%	2%	15%	15%	
Pecorino Toscano & Rst R	280	70	8g	13%	4.5g	22%	0g	65mg	22%	280mg	12%	38g	13%	1g	13%	0g	14g	6%	2%	20%	15%	
Portabella Mushroom	290	70	8g	12%	3.5g	17%	0g	60mg	21%	250mg	10%	45g	15%	2g	6%	1g	12g	4%	2%	10%	15%	
Rainbow Tortellini	340	80	9g	13%	4.5g	21%	0g	20mg	7%	310mg	13%	50g	17%	1g	6%	1g	17g	40%	2%	25%	20%	
Roasted Tomato Fr Moz	310	120	14g	21%	6g	30%	0g	80mg	26%	390mg	16%	33g	11%	3g	13%	1g	15g	10%	2%	25%	10%	
Rock Shrimp	200	70	8g	12%	3g	16%	0g	15mg	6%	125mg	5%	19g	6%	2g	7%	1g	15g	20%	15%	8%	8%	
Shrimp Scampi	270	70	8g	12%	3.5g	18%	0g	110mg	37%	180mg	8%	33g	11%	0g	0%	0g	19g	8%	4%	15%	15%	
Smoked Mozzarella	270	60	7g	10%	3g	14%	0g	60mg	17%	210mg	9%	42g	14%	1g	2%	0g	12g	4%	8%	8%	15%	
Spicy Asian Orzo Style Pot	150	30	3.5g	5%	0.5g	3%	0g	20mg	7%	590mg	24%	25g	8%	2g	10%	4g	6g	20%	20%	4%	6%	
Spicy Coastal Crab	240	140	16g	25%	10g	49%	0g	75mg	25%	530mg	22%	10g	3%	0g	0%	2g	13g	10%	2%	20%	4%	
Summer Tomato	300	80	10g	15%	2.5g	12%	0g	50mg	17%	190mg	8%	42g	14%	2g	10%	0g	12g	45%	4%	8%	25%	
Sweet Onion & Gruyere	240	60	7g	10%	3g	16%	0g	35mg	12%	220mg	9%	39g	13%	2g	6%	6g	9g	6%	8%	15%	10%	
Tuscan White Bean	250	35	3.5g	6%	1g	6%	0g	60mg	19%	170mg	7%	44g	15%	3g	11%	0g	12g	6%	6%	6%	15%	
Vegetable Primavera	260	90	10g	15%	5g	26%	0g	55mg	18%	310mg	13%	31g	10%	3g	12%	1g	13g	20%	20%	15%	20%	
Vegetarian Spice Lentil	160	45	5g	8%	1g	4%	0g	35mg	12%	120mg	5%	22g	7%	3g	13%	1g	6g	8%	6%	2%	20%	
Whole Wheat Tortellini	360	80	9g	14%	4g	20%	0g	65mg	21%	270mg	11%	52g	17%	7g	30%	0g	17g	4%	0%	20%	60%	
Wild Mushroom	210	50	6g	9%	2.5g	13%	0g	40mg	14%	280mg	12%	32g	11%	1g	6%	1g	9g	4%	2%	8%	10%	
Winter Pear Gorgonzola	300	70	8g	12%	3.5g	16%	0g	75mg	25%	200mg	8%	47g	16%	2g	6%	6g	13g	4%	2%	10%	15%	

**PAPPADELLE'S FRESH FROZEN GNOCCHI - NUTRITIONAL FACTS**

\*Percent Daily Values (DV)

Serving Size: 4 oz (113g)

are based on a 2000 calorie diet

Servings Per Container: About 4 per pack

**Amount Per Serving**

<b>PRODUCT</b>	<b>C</b> <b>a</b> <b>l</b> <b>o</b> <b>r</b> <b>i</b> <b>e</b> <b>s</b>	<b>F</b> <b>a</b> <b>t</b>	<b>T</b> <b>o</b> <b>t</b> <b>a</b> <b>l</b> <b>F</b> <b>a</b> <b>t</b>	<b>T</b> <b>o</b> <b>t</b> <b>F</b> <b>a</b> <b>t</b> <b>D</b> <b>V</b> <b>*</b>	<b>S</b> <b>a</b> <b>t</b> <b>F</b> <b>a</b> <b>t</b> <b>D</b> <b>V</b> <b>*</b>	<b>T</b> <b>r</b> <b>a</b> <b>n</b> <b>s</b> <b>F</b> <b>a</b> <b>t</b>	<b>C</b> <b>h</b> <b>o</b> <b>l</b> <b>e</b> <b>s</b> <b>t</b> <b>D</b> <b>V</b> <b>*</b>	<b>C</b> <b>h</b> <b>o</b> <b>l</b> <b>e</b> <b>s</b> <b>t</b>	<b>S</b> <b>o</b> <b>d</b> <b>i</b> <b>u</b> <b>m</b> <b>D</b> <b>V</b> <b>*</b>	<b>S</b> <b>o</b> <b>d</b> <b>i</b> <b>u</b> <b>m</b> <b>D</b> <b>V</b> <b>*</b>	<b>T</b> <b>o</b> <b>t</b> <b>a</b> <b>l</b> <b>C</b> <b>a</b> <b>r</b> <b>b</b> <b>D</b> <b>V</b> <b>*</b>	<b>T</b> <b>o</b> <b>t</b> <b>a</b> <b>r</b> <b>C</b> <b>a</b> <b>r</b> <b>b</b> <b>D</b> <b>V</b> <b>*</b>	<b>F</b> <b>i</b> <b>b</b> <b>e</b> <b>r</b> <b>D</b> <b>V</b> <b>*</b>	<b>F</b> <b>i</b> <b>b</b> <b>e</b> <b>r</b> <b>D</b> <b>V</b> <b>*</b>	<b>S</b> <b>u</b> <b>g</b> <b>a</b> <b>r</b> <b>s</b>	<b>P</b> <b>r</b> <b>o</b> <b>t</b> <b>e</b> <b>i</b> <b>n</b> <b>D</b> <b>V</b> <b>*</b>	<b>V</b> <b>i</b> <b>t</b> <b>a</b> <b>m</b> <b>i</b> <b>n</b> <b>A</b> <b>D</b> <b>V</b> <b>*</b>	<b>V</b> <b>i</b> <b>t</b> <b>a</b> <b>m</b> <b>i</b> <b>n</b> <b>C</b> <b>D</b> <b>V</b> <b>*</b>	<b>C</b> <b>a</b> <b>l</b> <b>c</b> <b>i</b> <b>u</b> <b>m</b> <b>D</b> <b>V</b> <b>*</b>	<b>I</b> <b>r</b> <b>o</b> <b>n</b> <b>D</b> <b>V</b> <b>*</b>	
Potato	140	30	3g	5%	1.5g	6%	0g	70mg	24%	710mg	30%	23g	8%	1g	2%	0g	4g	2%	4%	2%	4%
Spinach Basil	200	15	2g	3%	0.5g	3%	0g	60mg	20%	640mg	27%	40g	13%	3g	11%	1g	6g	15%	45%	6%	10%
Sun-Dried Tomato Pesto	210	25	3g	4%	1g	4%	0g	80mg	27%	740mg	31%	41g	14%	3g	11%	5g	7g	4%	35%	4%	10%

PAPPARDELLE'S SAUCES, PESTO, BRUSCHETTA - NUTRITIONAL FACTS														*Percent Daily Values (DV) are based on a 2000 calorie diet											
		Serving Size: 4.4 oz (125g) for Sauce; 2 oz (57g) for Pesto & Bruschetta																							
		Servings Per Container: About 3.5 per Sauce; 4 per Pesto or Bruschetta																							
PRODUCT SAUCES	Calories	Fat	Total Fat	Total Fat DV*	Sat Fat	Sat Fat DV*	Trans Fat	Cholest	Cholest DV*	Sodium	Sodium DV*	Total Carb	Total Carb DV*	Fiber	Fiber DV*	Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron				
		Cal	Fat	DV*	Fat	DV*	Fat	est	DV*	um	DV*	carb	DV*	er	DV*	ars	tein	DV*	DV*	DV*	DV*				
<b>SAUCES</b>																									
Coral	160	120	13g	20%	7g	33%	0g	35mg	11%	250mg	10%	7g	2%	1g	5%	2g	1g	15%	6%	4%	2%				
Lemon Alfredo	210	160	18g	27%	11g	55%	0g	50mg	17%	410mg	17%	6g	2%	0g	0%	1g	7g	25%	2%	20%	2%				
Marsala	160	110	12g	18%	6g	29%	0g	25mg	8%	910mg	38%	10g	3%	1g	3%	2g	3g	8%	2%	6%	2%				
Mild Curry	130	90	10g	16%	6g	30%	0g	20mg	6%	820mg	34%	7g	2%	1g	4%	1g	3g	15%	10%	6%	4%				
Porcini	110	60	7g	11%	3.5g	19%	0g	15mg	5%	250mg	11%	10g	3%	1g	6%	4g	2g	20%	20%	4%	4%				
Portabella	110	60	6g	10%	2g	9%	0g	5mg	2%	440mg	18%	10g	3%	2g	8%	2g	2g	25%	8%	2%	6%				
Salsa D' Inverno	90	40	4.5g	7%	0.5g	3%	0g	0mg	0%	210mg	9%	10g	3%	2g	9%	4g	1g	10%	50%	4%	4%				
Thai Peanut	170	120	14g	22%	2g	10%	0g	0mg	0%	610mg	25%	10g	3%	1g	6%	5g	4g	2%	10%	2%	6%				
<b>PESTO</b>																									
Cilantro Poblano	100	80	9g	14%	3g	15%	0g	5mg	2%	240mg	10%	3g	1%	1g	3%	1g	3g	25%	70%	8%	6%				
Fire Roasted Red Pep	120	80	10g	15%	2g	10%	0g	5mg	1%	290mg	12%	6g	2%	2g	8%	3g	2g	8%	80%	6%	2%				
Nutless Pepita Basil	120	110	12g	11%	2g	11%	0g	5mg	2%	100mg	4%	1g	0%	0g	0%	0g	3g	4%	6%	8%	4%				
Sun-Dried Tomato	330	290	33g	51%	4.5g	22%	0g	5mg	2%	360mg	15%	7g	2%	2g	6%	4g	4g	2%	10%	8%	6%				
Traditional Basil	250	220	24g	38%	4.5g	22%	0g	10mg	4%	230mg	10%	3g	1%	1g	4%	0g	5g	8%	10%	15%	6%				
<b>BRUSCHETTA</b>																									
Roasted Tomato	100	50	6g	9%	1g	4%	0g	0mg	0%	370	15%	11g	4%	3g	12%	1g	1g	8%	15%	2%	2%				

**BELLA SOL OILS, VINEGARS & MARINADES**

\*Percent Daily Values (DV) are based on a 2000 calorie diet

Serving Size: 1 Tbsp (15ml) for all products below:

**Amount Per Serving**

Servings Per Container: About 20 for 10.1 oz (300 ml), 17 for 8.45oz (250ml),  
About 12 for 6oz (177ml), 25 for 12.7 oz (375ml)

PRODUCT	C	F	T	T	S	T	C	C	S	T	T	F	S	P	V	V	C	I	
	al	at	otal	otal	at	rans	holest	holest	odium	otal	otal	iber	ugar	rotein	itamin	itamin	alcium	ron	
	ories	cal	fat	fat	fat	fat	fat	fat	mg	carb	carb	DV	DV	DV	DV	DV	DV	DV	
<b>Balsamics</b>																			
Blackberry Ginger	15	0	0g	0%	0g	0%	0	0	0%	20mg	1%	4g	1%	0	0%	4g	0	0%	0%
Modena Barrle-Aged	45	0	0g	0%	0g	0%	0	0	0%	5mg	0%	11g	4%	0	0%	8g	0	0%	0%
Raspberry	49	0	0g	0%	0g	0%	0	0	0%	0mg	0%	14g	5%	0	0%	9g	0	0%	0%
Tuscan Dipping Oil	90	90	10g	16%	0g	0%	0	0	0%	0mg	0%	1g	0%	0	0%	0g	0	0%	0%
Vanilla-Fig	40	0	0g	0%	0g	0%	0	0	0%	0mg	0%	9g	3%	0	0%	5g	0	0%	0%
<b>Oils</b>																			
Blood Orange	120	120	14g	21%	2g	9%	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%
Calif Extra Virgin Olive	120	120	14g	21%	2g	9%	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%
Calif Meyer Lemon	120	120	14g	21%	2g	9%	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%
Italian White Truffle	120	120	14g	21%	1.5g	8%	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%
Slow-Roasted Garlic	120	120	14g	21%	1.5g	8%	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%
Tuscan Dipping	90	90	10g	16%	0	0%	0	0	0%	0	0%	1g	0%	0	0%	0	0	0%	0%
<b>Marinades</b>																			
Cabernet/Rstd Gar	45	40	4g	7%	<1g	2%	0	0	0%	167mg	7%	<1g	0%	0	0%	0	0	0%	0%
Chardonnay/Rstd Gar	50	45	4g	8%	<1g	2%	0	0	0%	120mg	5%	1g	<1%	0	0%	0	0	0%	2%